

NEW LOAD SHEDDING SCHEDULE

GROUP	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	05:00-09:00	13:30-17:30	10:00-14:00	09:30-13:30	02:00-05:00	05:30-09:30	06:00-10:00
	17:30-20:30		21:00-24:00	18:00-21:00	17:00-20:00	14:00-17:00	17:15-20:15
2	06:00-10:00	05:00-09:00	13:30-17:30	10:00-14:00	09:30-13:30	02:00-05:00	05:30-09:30
	17:15-20:15	17:30-20:30		21:00-24:00	18:00-21:00	17:00-20:00	14:00-17:00
3	05:30-09:30	06:00-10:00	05:00-09:00	13:30-17:30	10:00-14:00	09:30-13:30	02:00-05:00
	14:00-17:00	17:15-20:15	17:30-20:30		21:00-24:00	18:00-21:00	17:00-20:00
4	02:00-05:00	05:30-09:30	06:00-10:00	05:00-09:00	13:30-17:30	10:00-14:00	09:30-13:30
	17:00-20:00	14:00-17:00	17:15-20:15	17:30-20:30		21:00-24:00	18:00-21:00
5	09:30-13:30	02:00-05:00	05:30-09:30	06:00-10:00	05:00-09:00	13:30-17:30	10:00-14:00
	18:00-21:00	17:00-20:00	14:00-17:00	17:15-20:15	17:30-20:30		21:00-24:00
6	10:00-14:00	09:30-13:30	02:00-05:00	05:30-09:30	06:00-10:00	05:00-09:00	13:30-17:30
	21:00-24:00	18:00-21:00	17:00-20:00	14:00-17:00	17:15-20:15	17:30-20:30	
7	13:30-17:30	10:00-14:00	09:30-13:30	02:00-05:00	05:30-09:30	06:00-10:00	05:00-09:00
		21:00-24:00	18:00-21:00	17:00-20:00	14:00-17:00	17:15-20:15	13:30-20:30

The schedule will be effective from Lamahi to Lahan including Kathmandu, Pokhara and other places but not Hetauda and Birgunj